Cape Harbor is on the southwesterly side of Cape Elizabeth, one & a fourth of a mile from the lighthouses. This place is not much frequented except by those well acquainted. It is difficult to find safe anchor, as there are many sunken ledges. But few vessels, except the smaller class of fishermen, ever anchor here. McKinneys Point makes the eastern point of this cove. Off said point are many sunken rocks at the distance of the fourth of a mile lying scattered in different directions.